



We proudly present the presentations and performances selected for the  
2023 Texas Flute Society Festival!

These events will all occur on May 28th at Byron Nelson HS.

Please see the final schedule for times and locations.

If you have any questions or would like to change your information on this doc, please email  
[paulamims@texasflutesociety.org](mailto:paulamims@texasflutesociety.org)

## Presentations

### **Lecture Recital: Dr. Lyndsay Eiben**

“East Meets West”: The Flute Works of Philip Glass



This lecture will observe the basic rhythmic principles of Indian music incorporated by Glass and how it eventually led to a cross-cultural blend between Eastern and Western traditions.

**Dr. Lyndsay Eiben**, flute, is the principal flutist of the West Texas Symphony and flute professor at the University of Texas Permian Basin. As a native of Odessa, Lyndsay has performed as a substitute flutist with the WTS for many years with her first appointment being while she was in high school. Lyndsay studied music at West Texas A&M University where she received a Bachelor of Music Performance in 2008 and a Master of Music Performance in 2010. During her tenure at WTAMU, Lyndsay was Associate Principal of the Amarillo Symphony, Amarillo Opera and performed with the Amarillo Little Theatre. She also worked as a private flute instructor for the Canyon and Randall County Independent School Districts.

In 2010, Lyndsay was accepted into the University of Cincinnati College-Conservatory of Music to pursue a doctorate in music. While in Ohio, Lyndsay performed with many professional groups such as Cincinnati Landmark Productions, the Showboat Majestic Theater, and the Covedale Center for Performing Arts. Lyndsay has also been a finalist for national flute competitions such as Myrna Brown and the National Flute Association Young Artist competition.

Lyndsay moved back to Odessa in August of 2013 to pursue a career in teaching band. She was Associate Director of Bands at Permian High School for eight years. Additionally, Lyndsay's students have earned admission into the 6A TMEA All-State Bands and have earned superior ratings at solo and ensemble competitions. Lyndsay serves on the faculty at the University of Texas Permian Basin as the Associate Director of bands and flute professor. She holds professional memberships in the Texas Music Educators Association, Texas Bandmasters Association, Texas Flute Society, and the National Flute Association.

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### **Lecture: Mily Harrod**

“Arts Administration 101”: Pursuing a Career in a Growing Field



**Mily Harrod** (she/her/ella) is an active arts administrator, flutist, and advocate for Diversity and Inclusion in the Arts. She received the M.A. in Arts Leadership and Management and the M.M. in Flute Performance from Wichita State University, as well as the B.M. in Flute Performance from Texas A&M University-Commerce. Mily is excited to serve as the Membership Manager for the National Flute Association. At the NFA she ensures a positive member experience and builds a strategic vision for the future of the organization and its stakeholders. She joined the NFA from her previous position as the Annual Fund Coordinator for the Omaha Symphony Orchestra, where she helped the development team secure 2 million dollars in annual fund gifts each year.

Prior to joining the NFA staff, Mily was a proud volunteer for the organization, serving on the Diversity, Equity, and Inclusion committee. She also co-founded the Young Artist Mentorship Program, which serves underrepresented up and coming flutists with mentorship opportunities to grow their professional portfolio. Educating the future generation about what a career in arts administration looks like is Mily's greatest passion, and that is at the core mission of her career coaching business.

Mily currently resides in Lincoln, Nebraska with her husband, Tanner Harrod. They enjoy watching musicals, keeping up with the royal family, traveling, and throwing dinner parties.

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### **Workshop: Heidi Kay Begay**

“Practice AWAY from the Flute”: Self-Awareness for Performance



**Dr. Heidi Kay Begay** is a self-employed flutist, educator, and podcaster. Heidi is the creator and host of the Flute 360 podcast, which delivers weekly educational episodes through various podcast apps. The podcast's goal is to help the modern-day flutist find and amplify their unique voice on and off the stage. Since 2018, the podcast has produced over 230 episodes, received over 105,000 downloads from 70 countries, and obtained numerous corporate sponsorships. Heidi's mission is to help musicians reach new heights, feel empowered and confident, and have a life they love on and off the stage! Please visit <https://heidikaybegay.com> for more information!

## Performances

### Lobby Recital: Flutopia



Flutopia – Flutes Supporting Life-Long Learning, Engagements, and Community Service, Bringing Together Diverse Ethnicities and Ages

Flutopia is a 501(c)(3), an educational non-profit flute choir composed of over 20 adult amateur and professional musicians that strive to

promote music as a universal language that unites us worldwide. The membership of our flute choir includes various professions: elementary and secondary teachers; members of the technology industry; current, former, and retired music educators; private lesson teachers; and a U.S. veteran.

In the third decade of the 21st century, Flutopia offers us an opportunity to enrich the lives of others in our community through music. Flutopia encourages lifelong learning, engagement, and community service and ranges in age from recent college graduates to retirees.

Flutopia performs at various venues in DFW throughout the year, including Ronald McDonald House Dallas, Children's Medical Center Dallas, Cook Children's Medical Center, Wylie Library, NorthPark Center, Grace Presbyterian Church, and other area churches.

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### **Recital: Camden Sidenstricker & Yuecheng Lu**

This recital will target flutists of all ages and to introduce the new commissioned work by Yuko Uebayashi.



**Yuecheng Lu** is a pianist who works with singers and instrumentalists of all levels from children to adults, students to professors. As a collaborative pianist, she worked at the Patel Conservatory at the Straz Center in Tampa (2019). Yuecheng also performed with the University of South Florida Symphonic Band (2019-2020), the University of Southern Mississippi Concert Choir (2020-2021), the USM Symphonic Winds (2021-2022), and the USM Wind Ensemble (2022). She had collaborative piano masterclasses with Joseph Alessi, Adrienne Park, Tomoko Kashiwagi, among others.

As a soloist, she participated in competitions and won several awards: a gold medal in the 6th Hamburg International Competition in Northwest China, the first prize in the 2017 Huabiao International Competition in Shaanxi, and the first prize in the 2017 Kaibairi Piano Competition in the Xi'an region. She worked as a music teacher at the middle school attached to Northwestern Polytechnical University in 2018. Yuecheng played in the New York University Piano Studies program (2019), and she had masterclasses with Rebecca Pennys, Marilyn Nonken, Yoojung Kim, Eduardus Halim, among others. Currently, Yuecheng studies with Dr. Bunchman, pursuing a DMA in collaborative piano at the University of Southern Mississippi. Yuecheng holds a Master of Music in Piano Performance from the University of South Florida, and a Bachelor of Music in Music Education from Xi'an Conservatory of Music. Her main professors include Dr. Michael Bunchman and Dr. Eunmi Ko.

A magnetic and versatile flutist, **Camden Sidenstricker** is finishing his Doctorate in Musical Arts at the University of Southern Mississippi. He has achieved a career as a soloist, teacher, chamber and orchestral musician throughout the United States, Italy, and Mexico. Sidenstricker has performed at various flute festivals including The National Flute Association, Florida Flute Association, Southern Flute Festival, Atlanta Flute Festival, Midsouth Flute Society, Flute Society of Greater Philadelphia, and San Francisco Flute Guild.

As a versatile player, Mr. Sidenstricker has held positions with the Valley Symphony Orchestra, Missouri Southern Symphony Orchestra, Georgia Philharmonic, and the Southeast Kansas Symphony Orchestra. Outside of his performance schedule, he has presented flute related topics at several conferences across the United States, such as Texas Music Educator Association, Midsouth Flute Society, Greater Philadelphia Flute Society, Mississippi Band Association, and The National Flute Association. He has been a finalist or prizewinner in several prestigious competitions including the US Fulbright, Midsouth Flute Society, Oklahoma Flute Society, Houston Flute Society, Texas Flute Society, and Concerto Competition at UTRGV.

He holds degrees from Pittsburgh State University, University of Texas Rio Grande Valley, and Georgia State University. His primary flute teachers include Danilo Mezzadri, Krista Jobson, Christina Webster, Mary Fukushima-Kirkendoll, Sarah Kruser Ambrose with additional study with James Hall and Carol Wincenc.

### **Recital: Seungmin Oh**



Seungmin Oh, born in South Korea, has actively performed both as a soloist and an orchestral flutist. She had her first U.S. debut recital in Pittsburgh and performed in multiple invited recitals since. She was selected to perform as the Byron Hester Artist in Houston in 2019, and more recently, she was invited to give a recital at the Mid-Atlantic Flute Convention in 2020 as well as perform for the concert at the Weill Hall in Carnegie Hall in 2021. She also had numerous recitals in Europe and Asia, including at the Royal Albert Hall (Elgar Hall) and Seoul Arts Center. She has also been performing as a substitute orchestral flutist for the Symphony New Hampshire.

She won a number of competitions world-wide, including Paris International Music Competition, Houston Flute Club's 2018 Byron Hester Competition, the International Music Competition 'London' Grand Prize Virtuoso, Flute Society of Greater Philadelphia's Young Artist Competition, Music Journal Competition (Korea), Korea Herald Competition, Ewha-Kyunghyang Competition, and etc.



She obtained a bachelor's degree from Seoul National University, after which she moved to the United States to continue studies at Carnegie Mellon University in Jeanne Baxtresser's studio as a scholarship recipient for the Advanced Music Studies and Master of Music Degree Program. As the final academic accomplishment, she graduated from the Peabody Conservatory's Artist Diploma Program under the pupilage of Marina Piccinini.

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### **Recital: Amrutha Koteeswaran**



Amrutha Koteeswaran is a current graduate student at the University of Texas studying under Professor Marianne Gedigian. While working towards her Master's degree in Flute performance, Amrutha is also a private lesson and masterclass instructor in the Austin area working with Austin ISD, Hays ISD, and Round Rock ISD. She received her Bachelor's degree in flute performance from Baylor University in 2021 studying under Dr. Charlotte Daniel.

As a performer, Amrutha currently plays with the UT Wind Ensemble, UT Symphony Orchestra, and New music ensemble. She also is a freelance musician in the Austin area, and has performed at venues and churches, as well as with the Central Texas Philharmonic. She has also been a part of the Baylor University Wind Ensemble and performed with them during their TMEA Centennial Performance in 2020. Amrutha has also performed at the 2018 CBDNA conference with the Baylor University Symphonic band. As a soloist, Amrutha has performed in many different competitions and recitals. In 2019, she won the Texas Flute Society Masterclass competition to perform for Kara Kirkendoll-Welch, and was also invited to perform at the Texas

Flute Symposium for Dr. Conor Nelson. Amrutha was also a competitor in the Baylor University Concerto competition, and the Austin Flute Society's Young Artist's competition in 2020.

Between the years of 2018-2021, Amrutha worked with Homeless Outreach in Waco ISD to help students receive tutoring in order to graduate. After learning so much and bonding with the students, Amrutha realized that music isn't something that should be only for higher class and wealthier areas, but for everyone. Currently, Amrutha volunteers as Director of Development at Through the Staff, a 501(c)3 Nonprofit that provides accessible music education for students virtually.

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### **Lobby Recital: Flutes Unlimited**

Founded in 1993, Flutes Unlimited is a flexible ensemble of flutists from the various towns around the Dallas/Fort Worth metroplex. In addition to performing at 4 National Flute Association Conventions and over 20 Texas Flute Society Festivals, Flutes Unlimited has collaborated with The Women's Chorus of Dallas for concerts in the Meyerson Symphony Center and on a CD entitled, "Music in My Mother's House." The flutists have also enjoyed working with the Turtle Creek Chorale, performing on television and radio with that group, in addition to live concerts.

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### Lobby Recital: Vox Venti



Based in North Texas, Vox Venti is comprised of four local performers and friends: Alaina Clarice, Linda Jenkins, Jessica Schury, and Lucy Song. Vox Venti seeks to showcase new works by underrepresented composers and add to the dynamic genre of flute quartet repertoire. They have performed previously at the Mid-Atlantic Flute Convention and the Florida Flute Convention.

### Lobby Recital: Duo Simiente- Maria Vallejo & Noe Garcia

Flute and Guitar Works by Latin American Women Composers



**Duo Simiente** was formed by Maria Vallejo (flute) and Noe Garcia (guitar), both DMA Candidates at the University of North Texas. Largely underrepresented and underperformed, Latin American music is central to Duo Simiente's repertoire to fill this gap with a mission to promote, expand and perform music of Latin America. Interactive performances include an introduction to each piece discussing the origins, traditional rhythms or melodies, and other important aspects of the work. This brings the listener to a better understanding, appreciation, and connection with the wide variety of music

presented in the concerts. *Simiente* in Spanish means seed or the origin of something new, and the name provides a connection to the Duo's vision to grow the awareness, representation and repertoire of Latin American music.

**Maria Vallejo, flute**

Maria Vallejo, Ecuadorian flutist selected by competition to perform at Carnegie Hall in New York City to represent Western Michigan University. She is an avid solo, chamber and orchestral musician who has given performances throughout Ecuador, Colombia, Mexico, Canada, and the United States. She has participated in renowned festivals such as Round Top Music Festival, Orchestra of the Americas, Anatomy of Sound, and has played with the Richardson Symphony Orchestra, Amarillo Symphony Orchestra, The Henry Mancini Institute Orchestra, Toronto Concert Orchestra, and more. In addition to performing, Maria is a passionate music educator and is currently the Flute and Chamber Music Teaching Fellow at the University of North Texas where she is a Doctor of Musical Arts Candidate. Maria is also Session Coordinator with The Orchestra of the Americas and Academic Coordinator with Sinfónica Azteca.

**Noe Garcia, guitar**

Classical guitarist Noe Garcia (Mexico) is on the cutting edge of a new generation of guitarists. Noe's warmth and musical sensibility have earned him admiration from audiences nationwide and abroad. His concert engagements have taken him to Europe, Latin America, and Asia. As a soloist, Noe is a top prize winner of international competitions and has performed in master classes for world-renowned artists such as Manuel Barrueco, Pepe Romero, LAGQ and Julio Cesar Oliva. Noe is passionate about music education and is currently a Doctor of Musical Arts Candidate at the University of North Texas where he was awarded a teaching fellowship. He loves and is dedicated to expanding, promoting, and performing music from his home country and Latin America. He believes that in this diverse and growing global society, music is a healing medium and can connect us to one another.

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**Recital: Jamie Yoo**

Dr. Jamie Yoo is a multi-faceted musician, exploring music's role in society. Whether performing new or familiar works from the flute repertoire and collaborating with communities, Dr. Yoo embraces individual differences and advocates for a culturally inclusive and responsive community. Through music education, Dr. Yoo supports the social, emotional, and intellectual growth of students and creates a student-centered environment which promotes a foundation for lifelong learning. Dr. Yoo holds a BM and MM in Flute performance at Indiana University Jacobs School of Music, and a DMA in Flute Performance and a minor in Music Theory from the University of Illinois at Urbana-Champaign. Currently, Dr. Yoo lives on Long Island, New York and she is devoting her time to obtaining her New York State Teacher Certification. To know more about her, please check [www.yoojamie.com](http://www.yoojamie.com)

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**Recital: Martin Godoy**

Martin Godoy is an Emerging Artist for Miyazawa Flutes. He is the first-prize winner of the Myrna W. Brown Competition (2018), first-prize winner of the Puerto Rico Flute Symposium Young Artist Competition (2021), second-prize winner for the Mid-South Young Artist (2018), Mid-Atlantic Young Artist (2018), and Flutissimo Young Artist Competitions (2016). He also participated in the National Flute Association Young Artist Competition (2017) and the Byron Hester Competition (2018).

Martin received his degrees in Music Education (BM) and Performance (MM, DMA) from the University of Texas at Arlington and the University of North Texas. His principal teachers include Dr. James Scott, Terri Sundberg, Dr. Elizabeth McNutt, Dr. Sarah Frisof, and Janice Grannell. He is a member of Flutes Unlimited and subs for the Dallas Winds. He maintains a studio in the Grapevine-Colleyville ISD and also teaches dance and color guard.

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**Lobby Recital: Young Artist Flute Ensemble**

The Young Artists Flute Ensemble is sponsored by Southern Methodist University where the group meets weekly to rehearse. The ensemble was formed in 2018 and is open to all middle and high school aged flutists. The group holds auditions at the start of each semester and is comprised of young flutists from all over the greater Dallas/Fort Worth area.

The current performers are: Laura Bui, Sienna Chu, Michelle Feng, Taehee Kim, Diya Krishna, Zhouchang Chen, Minda Samadder, Celeste

Theriot, Shuyun Zheng, Evelyn Goetz, Chloe Cunningham, Addy Stallard, Alice Westover, Abby Rodriguez, Lucy Dennis, Mia Choi

The group is coached by: Chris Cox, Chao Wang, Debby Johnson, Katy Downs, Kara Kirkendoll Welch

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### **Lobby Recital: Dr. Mehrdad Gholami & Dr. Shauna Thompson**



Dr. Mehrdad Gholami is an adjunct professor of flute at Texas A&M University – Commerce and enjoys a full-time schedule of teaching and performing. A graduate of University of Tehran and TCU, Mehrdad has received fellowships from Atlantic Festival (2021) and Aspen Music Festival (2017-19). A sought-after pedagogue, Mehrdad has served as an adjudicator on panels for National Flute Association, Texas Flute Society and Texas Music Educators

Associations. [www.MehrdadGholami.com](http://www.MehrdadGholami.com)

Dr. Shauna Thompson is Associate Professor of Flute at Texas Christian Univ. She was previously Instructor of Flute at the University of Evansville and principal flute in the Evansville Phil. She currently serves as the NFA's Assistant Competition Coordinator. BM- Texas Tech, MM and DMA- Cincinnati

### **Lobby Recital: Flutissimo**



In 1997 Flutissimo! The Flute Choir began with 8 members under the name of Mid-Cities Flute Choir. Three of those members, Kathleen Holley, Janice Spooner, and Cheryl Stewart, are still performing with the group. In three years our numbers had grown to 16 including two alto flutes, we had an actual conductor, and our name changed to what it is today. Our first conductor was George Virgili, former band director at Richland H.S. and now deceased. Our second conductor was Mark

Chandler, currently the Fine Arts Director of HEB ISD. Flutissimo! grew to about 20 people when Tom Connelly, music teacher at TCC-S, was the director. Marco Jerez became our director in the fall of 2009 and helped our group grow to about 25 people and took us for the first time as a performing group to the National Flute Association Annual Convention in Charlotte,



N.C. in 2011 and again in Chicago in 2014. In the fall of 2014, Felix Torres became our conductor. In his fifth year with us, we have grown to over 30 performers, and in 2017 he took us to NFA in Minneapolis for our third national performance. In spring of 2019, our current conductor, Veronica Mascaro from Pennsylvania, began leadership of the choir and took us in 2022 for our fourth national performance. The National Flute Association's convention is the world's largest flute convention, with the second largest being the Texas Flute Society Festival held every May. Being selected to perform at NFA is a highly regarded achievement that solidifies our place in the flute playing world and skyrockets our abilities to the next level. For 12 years in a row (not counting two COVID years), our wonderful conductors have taken us to the Texas Flute Festival where Flutissimo! has won Outstanding Amateur Ensemble. In 2014 we had our first commissioned piece by low flutist Chris Potter, "Tres Ratitas Ciegas", a Mexican-style version of "3 Blind Mice". We have had composers from all over the U.S., Peru, and from England and Scotland send us compositions. Alexander Abbott, from Scotland, not only writes for us, but in 2011 came to Texas to conduct two of his pieces. Flutissimo! Flute Choir is a success story of over 25 years!